

# UNIVERSITY of DUBUQUE

INSTRUMENT RATING TRAINING COURSE OUTLINE



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INSTRUMENT RATING TRAINING COURSE OUTLINE

University of Dubuque / Instrument Rating Training Course Outline / Original 7-1-2002 / Page 1

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This is to certify that

is enrolled in the FAA approved

# **INSTRUMENT RATING COURSE**

conducted at the University of Dubuque

School #GV8S178Q

Enrollment Date

Chief Flight Instructor

Primary Flight Instructor

# INSTRUMENT RATING COURSE

STUDEN	T FLIGHT RECORD		<b></b>	
University of Dubuque / 200	00 University Ave / Dubuque,	IA 52001	FTN #	
AIR AGENCY CE	RTIFICATE NO. GV8S178C	2		
Pilot's Legal Name		soda 🗌	DOB	
Pilot's Official Signature		SSN _		
CITIZENSHIP				
I certify that	has pre	sented to me a		
(Certified Birth Certificate or U.S. Pas	ssport), establishing that he /	she is a U.S. Citiz	en or national i	n accordance with 49
CFR 1552.3 (h).				
Instructor	Da	te		
Cert.#	Exp			
PERMANENT ADDRESS				
Street	City		State	Zip
Phone: Home	Cell			
ENROLLMENT				
Date of Enrollment	Date Completed			
Medical Certificate: Class	Date Issued	Expires		
Private Pilot Certificate No	Date Issued			
Last Flight Review: Date				
GRADUATION RECORD				
FAA KNOWLEDGE TEST: DATE	SCORE			
END-OF-COURSE GRADUATION:				
END-OF-COURSE EXAMINER				
RECORDS CERTIFIED COMPLETE	AND ACCURATE			
DATE NAME	_		E	

PREVIOUS EXPERIENCE		
DUAL	_	HOOD
X-C DUAL	_ ACTU	JAL IFR
EVALUATION		
DATE		
FLIGHT / ORAL BY		
CREDIT GIVEN		
GROUND HOURS: Part 141	Part 61	HOURS AWARDED
FLIGHT HOURS: Part 141	Part 61	HOURS AWARDED
TERMINATION OF TRAINING		
DATE CERTIFIED BY		
	HEF INSTRUCTOR	CERTIFICATE NO.
TRANSFERRED		
ADDRESS CITY		ZIP
TRANSFER DATE		
AIR AGENCY NO		
COPY ISSUED TO STUDENT: DA	ATE	BY

List of Effective Page		Page	Revision	Revision Date
		<u>1</u>	8 Revision 2	<u>1-9-2014</u>
This list of off	ctive pages shows the stand-	<u>1</u>	9 Revision 15	<u>9-15-2019</u>
		<u>2</u>	0 Revision 15	<u>9-15-2019</u>
	syllabus with regard to their	<u>2</u>		<u>2-7-2003</u>
revision status. The I	st shows the page number, the	<u>2</u>		<u>9-15-2019</u>
revision number and t	ne date of the revision.	<u>2</u>		
Revised page	s in this syllabus will include a	<u>2</u>		
change bar ( ) on	the side of the page where	<u>2</u>		
changes have been n	ade.	<u>2</u>		
-		<u>2</u>		
The Revision Process		<u>2</u>		<u>5-31-2016</u>
		<u>2</u>		
1. Revise the pages	•	<u>3</u>		
2. Make two copies	of the revised pages.	<u>3</u>		
3. Correct this "List	of Effective Pages " to reflect	<u>3</u>		
the revised pages		<u>3</u>	<u>3 Revision 12</u>	
4. Make two copies	of this corrected "List of Effec-	<u>3</u>		<u>1-9-2014</u>
tive Pages ".		<u>3</u>		<u>2-7-2003</u>
-	es to the local Flight Standards	<u>3</u>		<u>8-6-2014</u>
	-	<u>36</u>		
District Office for		<u>3</u>		
	ages in all syllabus copies when	<u>3</u>		
approval is grante	d.	<u>3</u>		
<u>Page</u> <u>Revis</u>	on <u>Revision Date</u>	<u>4</u>		
<u>1</u> Origin	<u>I 7-1-2002</u>	<u>4</u>		
<u>2</u> Origin	<u>1 7-1-2002</u>	<u>4</u>		
<u>3</u> <u>Revisi</u>	n 15 <u>9-15-2019</u>	<u>4</u>		
<u>4</u> Origin	<u>I 7-1-2002</u>	<u>4</u>		
<u>5</u> <u>Revisi</u>	n 16 <u>5-13-2021</u>	<u>4</u>		<u>7-1-2002</u>
<u>6</u> <u>Revisi</u>	<u>n 14 6-1-2019</u>	<u>4</u>		<u>7-1-2002</u>
<u>7</u> <u>Revisi</u>		<u>4</u>		<u>7-1-2002</u>
<u>7a</u> <u>Revisi</u>		<u>4</u>		<u>7-1-2002</u>
<u>8</u> <u>Revisi</u>		<u>4</u>		<u>7-1-2002</u>
<u>9</u> <u>Revisi</u>		<u>5</u>		<u>7-1-2002</u>
<u>10</u> <u>Revisi</u>		5		<u>7-1-2002</u>
<u>11</u> <u>Revisi</u>		<u>5</u>		<u>7-1-2002</u>
<u>12</u> <u>Revisi</u>			<u>3 Original</u>	<u>7-1-2002</u>
		<u>5</u>		<u>7-1-2002</u>
		<u>5</u>		<u>7-1-2002</u> 7 1 2002
<u>14 Revisi</u> 15 Povici		<u>5</u>		<u>7-1-2002</u> 7 1 2002
<u>15</u> <u>Revisi</u>		<u>5</u>		<u>7-1-2002</u>
<u>16 Revisi</u>		<u>5</u>		<u>7-1-2002</u> 7 1 2002
<u>17 Revisi</u>	<u>n 15 9-15-2019</u>	<u>5</u>	<u>9 Original</u>	<u>7-1-2002</u>

# TRAINING COURSE OUTLINE

# LOCATION

The University of Dubuque, located at 2000 University Avenue, Dubuque, Iowa, 52001, holds Air Agency Certificate No. GV8S178Q. The University of Dubuque operates its pilot training school at the Dubuque Regional Airport, Dubuque, Iowa.

# COURSE TITLE

# Instrument Rating Course—Airplane

This Training Course Outline meets all the curriculum requirements for the Instrument Rating Course contained in Appendix C of Title 14 Code of Federal Regulation Part 141 (14 CFR Part 141). This syllabus contains separate flight training and ground training sections, which can be taught concurrently or separately.

# COURSE OBJECTIVE

Students will gain the knowledge, skill and aeronautical experience necessary to meet the requirements for an Instrument Rating; Airplane.

# COURSE COMPLETION STANDARDS

To meet the course completion standards, students must demonstrate through knowledge, oral, flight tests, and appropriate records, that they meet the knowledge, skill and experience requirements necessary to acquire an Instrument Rating; Airplane category.

## MAIN OPERATIONS BASE

The Dubuque Regional Airport is the main operations base for training in this course. The airport has hard-surface runways and meets the requirements of 14 CFR 141.38 for day and night operations. Fuel services and maintenance services are available weekdays during normal working hours. Weekend and after hours fuel and maintenance are available on request.

## MAIN OPERATIONS FACILITY

The school 's primary flight facility is the Babka Flight Center, 10656 Airport Road, located at the Dubuque Regional Airport, Dubuque, Iowa 52003. This building conforms to the requirements of 14 CFR 141.43 for briefing areas and 14 CFR 141.45 for ground training facilities. This permanent structure has 10 briefing areas of at least 6 ' by 7 ' and 14 additional office/training rooms with a maximum number of two students per area. Each briefing/training room will have communications capabilities for contacting a Flight Service Station. The building has Wi Fi capabilities for students and instructors to access weather and flight planning applications online.

# **GROUND INSTRUCTIONAL FACILITIES**

The primary ground instructional facilities are in the Babka Flight Center, located at the Dubuque Regional Airport, Dubuque, Iowa 52003. This facility has three classrooms with a capacity of 24 students in each. The building and rooms are heated, lighted, and ventilated to conform to local building, sanitation, and health codes.

Based on enrollment and class formats, ground schools may also be conducted on the main campus of the University of Dubuque located at 2000 University Avenue, Dubuque, Iowa 52001. The University of Dubuque is accredited by the North Central Association of the Council for Higher Education. The University's classrooms meet the requirements of the Association and conform to local building, sanitation and health codes. Campus classrooms and computer labs are available in the Myers Library, Blades Hall, Alumni Hall, Dunlap Technology Center, MTAC, Mercer-Birmingham, and the University Science Center. Classrooms range in size from 142 seats in the Dunlap Technology Center to 6 seats in the Myers library.

# **GROUND INSTRUCTIONAL EQUIPMENT / TRAINING AIDS**

Training aids and equipment used may include the following: Whiteboards, televisions, podium, LCD/Overhead projector with screen, laptop and/or desktop and/or tablet computers, computer/video interface units for TV/LCD projector. Other aids may include airplane models, airplane parts, instrument panel posters, aviation software, multiple aviation websites, E6B flight computer, plotter, navigation charts, Instrument Terminal Procedures, and EFB's. These aids and equipment will be kept accurate and current for the relevant course of training.

An Advanced Aviation Training device (AATD) may be used in this course as outlined in 14 CFR 141 and AC 61-136. An aircraft may be used to fulfill the instrument training requirement of those lessons if the training devices are not available or desired.

# TRAINING DEVICES

The FRASCA Mentor, FRASCA RTD, Redbird SD, and an ALSIM AL250 are approved Advanced Aviation Training Devices that are available for training in accordance with their respective FAA Letter of Authorization.

# AIRCRAFT

Cessna 172, Piper PA-28R, and Piper PA-44-180 are available for flight training.

# PERSONNEL

The Chief Instructor for the Instrument Rating Course meets the requirements for Chief Instructor as listed in the 14 CFR 141.35 and has been approved by the local FAA Flight Standards District Office.

Flight Instructors will have a current Certified Flight Instructor, Airplane Single Engine Land—Instrument. When training in the PA-44-180 the Flight Instructor will have a current Certified Flight Instructor Instrument Rating as well as an Airplane Multi-Engine Land Instructor Rating. All Flight Instructors will receive standardization training prior to teaching in this course. Additionally, Flight Instructors will receive annual flight standardization training.

When course enrollments and individual availabilities warrant such appointments, the University of Dubuque will request the appointment of other key personnel such as; Assistant Chief Instructors, Check Instructors and Chief Ground Instructors. All requested appointees will meet the requirements of the appropriate sections of 14 CFR 141.35, Subpart B.

# CHIEF AND ASSISTANT CHIEF INSTRUCTORS

The Chief Flight Instructor for the Instrument Rating Airplane Course is Ms. Suzanne Peterson certificate #2801778. The Chief Ground Instructor for the Instrument Rating Airplane Course is Ms. Polly Kadolph certificate #3689827. The following persons have been authorized as Assistant Chief Flight Instructors for the Instrument Rating Airplane Course: Mr. Michael J. Glynn certificate #2883378, Mr. Robert Anthony (Tony) Foster certificate #3213651, Mr. Kyle F. Jones certificate #3755779, Mr. Jack D. Erickson certificate #3891398, and Mr. Ching-Kuan Su certificate #3540078.

# **ENROLLMENT PREREQUISITES**

Students must be able to write, read, speak, and understand the English language and possess a Private Pilot Certificate with at least a 3rd class medical certificate prior to enrolling in the flight portion of the Instrument Rating Course.

# ENROLLMENT PROCEDURE

Students will be required to show a certified birth certificate or a U.S. passport establishing U.S. citizenship or national in accordance with 49 CFR 1552.3 (h). A copy of the proof of citizenship or U.S. national will be kept on file in the student 's TCO. Alien flight students must apply online and be granted approval from TSA to begin flight training.

Upon enrollment in the flight portion of the training syllabus students will be issued a Certificate of Enrollment showing the date of enrollment and the course entered. Students will also receive a copy of the approved training syllabus. Students may enter the ground portion of the syllabus prior to or during the flight portion. Enrollment certificates and syllabi will be retained at UD Flight Operations at all times unless otherwise directed by the Chief Instructor. Students will have access to a copy of the University of Dubuque Student Flight Operations Manual which outlines the school 's operational and safety procedures.

# **CREDIT FOR PREVIOUS 14 CFR 141 PILOT TRAINING**

Flight credit may be transferred from other certificated schools to the University of Dubuque 's flight program based on an oral test, flight check, written test, or any combination thereof. Students must arrange for the transmittal of flight records from the previous school to the University of Dubuque. The University will determine the amount of credit to be transferred. Credit will be entered in the student 's training record along with the documents and tests on which the acceptance is based. The maximum credit given may be up to 50% of the University 's approved curriculum requirements.

# **CREDIT FOR PREVIOUS 14 CFR 61 PILOT TRAINING**

Flight credit may be transferred from 14 CFR 61 schools to the University of Dubuque 's flight program based on an oral test, flight check, written test or any combination thereof. Students should submit a record of previous training from the school where it was received. The University will determine the amount of credit to be transferred. Credit will be entered in the student 's training record along with the documents and tests on which the acceptance is based. The maximum credit given may be up to 25% of the University 's approved curriculum requirements.

# **GRADING SYSTEM FOR FLIGHT TRAINING**

# GRADE STANDARD

- 3.....Meets Airman Certification Standards
- 2.....Meets Lesson Standards
- 1.....Needs Additional Training
- D.....Demonstration
- S.....Solo Flight

The above grading standard will be used to evaluate student performance. Grades will be entered on each lesson page. At the completion of each stage of training the students will be examined orally and by flight evaluation. Upon successful completion of the evaluation the student will proceed to the next stage of flight training.

# MINIMUM INSTRUMENT RATING FLIGHT TRAINING

	Simulated or Actual Instrument	FTD, AATD, BATD Instrument	TOTAL
STAGE 1	6.0	14.0	20.0
STAGE 2	15.0	0	15.0
TOTALS	21.0	14.0	35.0

Total minimum Instrument Rating flight training time is 35.0 hours. The maximum AATD time is 14 hours.

# **REVIEW LESSON PROCEDURE**

During training, students may need to do additional work on lessons, or review past lessons. If an instructor needs additional lesson pages the instructor will:

- Copy a blank lesson page for the lesson concerned
- Use the copied page to record the review or additional work
- Write the word "Review" in a prominent place on the copied lesson page
- Place the added lesson page(s) sequentially behind the original lesson page

# **GENERAL LESSON NOTES**

Lesson items that are in italics are for instructor and check pilot guidance.

# AIRPORTS USED

Davenport (DVN) - 42

The airports listed below are approved for use by the University of Dubuque, 14 CFR Part 141 Instrument Instructors and Instrument students for the purpose of instrument training, to satisfy the requirements of the school's Instrument Pilot Rating TCO. Mileage to these airports is indicated.

IOWA	ILLINOIS	WISCONSIN
Cedar Rapids (CID) - 54 Independence (IIB) - 55 Oelwein (OLZ) - 58 Vinton (VTI) - 60 Monticello (MXO) - 26 Maquoketa (OQW) - 22 Clinton (CWI) - 35	Freeport (FEP) - 50 Moline (MLI) - 58 Sterling (SQI) - 60 Savanna (SFY) - 31	Reedsburg (C35) - 65 Monroe (EFT) - 51 Lone Rock (LNR) - 54 Madison (MSN) - 53 Praire Du Chien (PDC) - 43

Instructors must ensure that all airports used meet the requirements of Title 14 CFR Part 141.38 (b) (c) (d) (e) and (f).

# APPROVED CROSS-COUNTRY ROUTES

At least one cross-country flight with a minimum distance of 250 nm along airways or ATC directed routing to include at least 100 nm straight line distance between airports and three different kinds of instrument approaches. √ KDBQ—KRST—KMIW—KDBQ

- √ KDBQ—KPIA—KIOW—KDBQ
- √ KDBQ—KMSN—KSTE—KDBQ

Other cross-country routes can be flown at the discretion of the flight instructor and must meet the requirements of CFR Title 14 Part 141 Appendix C 4 (C) (1).

# **ABBREVIATIONS**

ACs-convective outlook acft-aircraft Al—Altitude Indicator airspd-airspeed alt-altitude approx-approximately ARROW—Airworthiness, Registration, Radio license (international), Operator's manual, Weight and balance ATC—Air Traffic Control AWW-severe weather forecast alert CG—Center of gravity Comm-communication config-configuration Cs—Constant speed CWAs-Center Weather Advisory cx-correction **DA**—Decision Altitude **DH**—Decision Height dist-distance DME—Distance Measuring Equipment EFC—Expect Further Clearance equip-equipment ETA—Estimated Time of Arrival FAA—Federal Aviation Administration FAs—area forecasts FAF—Final Approach Fix FDs—winds and temperatures aloft forecast freq / freqs-frequency / frequencies FSS—Flight Service Station FTD—Flight Training Device GPS—Global Positioning System hdg-heading HI-Horizontal Indicator hr-hour IAF—Initial Approach Fix IDs—Identifications IF—Intermediate Fix inop-inoperative inst-flight solely by reference to instruments while using a view limiting device LR-Lead Radial MAP—Missed Approach Procedure MDA-Minimum Descent Altitude METARs-aviation routine weather reports MLC—Modified Landing Checklist MRA—Manufacturer's Recommended Airspeed Nav-navigation nm-nautical miles obs-omni bearing selector

# **ABBREVIATIONS**

ops-operations PCATD—Personal Computer Aviation Training Device PIREPs—pilot weather reports pre-before prep-preparation PT—Procedure Turn pwr-power req-required **TACs**—Terminal Area Charts TC—True Course **TAFs**—Terminal Area Forecasts **TWEB**—Transcribed Weather Broadcast SDs—Scanning Detectors VHF—Very High Frequency VR-IR—integrated flight training using visual and instrument reference vol-volume VOR-Very high frequency, Omni-directional, Radio range Vx-best angle of climb Vy-best rate of climb WAs-airmet WACs-World Aeronautical Charts WSs-sigmet WSTs—convective sigmet WW-severe weather watch bulletin xctry-cross country xmitter-transmitter xwind—cross wind  $\sqrt{--}$ the aircraft checklist will be used

# INSTRUMENT RATING Training Course Outline

STAGE ONE

Initial Flight Training

Lessons 1-12

14.0 hours (approx) of Ground Flight Training Device (AATD)6.0 hours (approx) of Aircraft dual instrument flight training

# Stage One Objectives

The student will be instructed in basic instrument flying, tracking and intercepting, holding, and approach procedures.

Stage One Completion Standards

This stage will be complete when the student meets all lesson standards and satisfactorily performs the Stage One Check

	IEFING—COURSE ON The instructor will brief and basic instrument flig	the student on co	SSON 1 BASIC INSTRUMENT FLIGHT course content, the airport environment
COURSE OVERVIEW		AIRPORT SER	RVICES
	ng Syllabus Manual erwork tion Standards S		UD Flight Operations Facility Airport Administrative Facilities Airport Maintenance Facilities Airport Security Aircraft Maintenance Facilities Fueling Facilities Weather Facilities Aircraft Storage Facilities Flight Practice Areas
	gs IRSIONS LINES (Clearances) airport environment.		<ul> <li>The IFR Flight Instruments</li> <li>Scanning methods-full panel</li> <li>Scanning methods-partial panel</li> <li>Basic Instrument Flight</li> <li>Straight and Level</li> <li>Turns (standard rate and timed)</li> <li>Climbs</li> <li>Descents</li> <li>Intercepting and Tracking</li> <li>Holding</li> <li>Approaches</li> <li>Communications</li> </ul>
materials. 3. The student' s enrollment papers			Update TCO
<u>Instructor</u>	<u>Student</u>		<u>Date</u>

Hours			IGHT PROCEDURES		
PREFLIGHT BRIEF	ING	TAKEOFF / CLIMB			
	Briefing on the Lesson		Takeoff $$		
	Documents and required instrument checks				
	Wake turb, wind shear, collision avoidance		Takeoff clearance—copy, confirm, comply		
	Incursion avoidance - call all hold short lines		Takeoff—normal		
	Weather		Climb 500' then "on course"		
	Enroute charts, approach plates, sectionals		Climb $$		
	Flight equipment—kneeboard, pencils, etc.		Tower handoff / Center Check-in		
PREFLIGHT PREPA	ARATION		Center Clearance—copy, confirm, comply		
	IFR cockpit √— <i>ARROW</i>				
	Tests—VOR, Transponder, Alternate- Static, Altimeter, 121.5 check, RNAV/	BASIC INSTRUME	NT FLIGHT Constant Speed / Rate Climbs		
	GPS, ADF (as applicable)	<u> </u>			
	IFR Preflight Inspection √		_ Climbs with turns		
	IFR cockpit organization		_ Level-off from climb procedure		
			_ Cruise √		
STARTUP			(Primary instruments / Secondary instruments)		
	Engine Start $$		_ Straight and level		
	Comm radio setup—freq, vol, transmitter		Turns—headings, standard & 1/2 rate, timed		
	Nav radio setup—freq, ID, set course		_ Throttle settings / speeds		
	ATIS—copy and review		Constant speed / rate descents		
	IFR clearance—copy, confirm, comply		Descents with turns		
TAXI AND RUNUP			_ Level-off from descent procedure		
	Taxi √		_ Steep turns		
	Taxi Clearance—copy, confirm, comply		_ Slow flight		
	Taxi—wind, brakes, steering, speed, hazards		Stalls		
	Gyros and compass check—first turn		Recover from unusual altitudes		
	Flight Instrument Check	<u> </u>	-		
	Runup √		Partial panel, all maneuvers above		

# INSTRUMENT LESSON 2 AATD or ACFT—BASIC INSTRUMENT FLIGHT PROCEDURES (CONTINUED)

# LANDING

 \_\_\_\_\_\_\_\_
 \_\_\_\_\_\_\_
 Landing √

 \_\_\_\_\_\_\_\_\_
 \_\_\_\_\_\_\_\_
 Landing clearance—copy, confirm, comply

 \_\_\_\_\_\_\_\_\_
 \_\_\_\_\_\_\_\_
 Stabilized approach

 \_\_\_\_\_\_\_\_\_
 \_\_\_\_\_\_\_\_
 Roundout—height, crosswind cx

 \_\_\_\_\_\_\_\_\_
 \_\_\_\_\_\_\_\_
 Touchdown—drift, centerline, full stall

 \_\_\_\_\_\_\_\_\_
 \_\_\_\_\_\_\_\_
 Taxi √—wind, speed, braking, hazards

 \_\_\_\_\_\_\_\_\_
 \_\_\_\_\_\_\_\_
 Taxi clearance—copy, confirm, comply

 \_\_\_\_\_\_\_\_\_\_
 Shutdown √

 \_\_\_\_\_\_\_\_\_
 Postflight inspection

# POSTFLIGHT

- \_\_\_\_\_ Debrief
  - \_ \_\_\_\_ Update TCO and logbook

# **COMPLETION STANDARDS**

The lesson will be complete when all areas have a grade of 2 or better. Standards are as follows:

- 1. Altitude ±200 feet
- 2. Headings and rollouts ±15°
- 3. Airspeed within ±15 knots
- 4. Climbs and descents at specified rate ±200 feet

Flight	Inst	AATD	Total Inst	Instructor	Student	Date	Aircraft Type	Tail Number
	Flight				Inst	Inst	Inst	Inst Type

Hours       INSTRUMENT LESSON 3         AATD or ACFT—INTERCEPTING AND TRACKING NAVIGATION FACILITIES         OBJECTIVE:       The student will practice navigation intercepting and tracking procedures.         TIME:       Approx 1.0 hour						
PREFLIGHT BRIEF	ING	TAKEOFF / CLIMB				
	Briefing on the Lesson Documents and required instrument checks Wake turb, wind shear, collision avoidance Incursion avoidance—call all hold short lines Weather FAR AIM, enroute charts, approach plates Flight equipment— <i>kneeboard, pencils, etc.</i>		Takeoff $$ Takeoff clearance— <i>copy, confirm, comply</i> Takeoff— <i>normal</i> Climb 500' then "on course" Climb $$ Tower handoff / Center check-in			
			Center Clearance—copy, confirm, comply			
PREFLIGHT PREPA		BASIC INSTRUME				
  <u>STARTUP</u>  	IFR cockpit √—ARROW Tests—VOR, Transponder, Alternate- Static, Altimeter, ELT, 121.5 check, RNAV/GPS, ADF (as applicable) IFR Preflight Inspection √ IFR cockpit organization Engine Start √ Comm radio setup—freq, vol, transmitter Nav radio setup—freq, ID, set course ATIS—copy and review	Image: second	Intercepting nav radials / courses Tracking to / from nav stations			
	IFR clearance—copy, confirm, comply		Partial panel, all maneuvers above			
TAXI AND RUNUP		LANDING				
	Taxi $$ Taxi Clearance— <i>copy, confirm, comply</i> Taxi— <i>wind, brakes, steering, speed, hazards</i> Gyros and compass check— <i>first turn</i> Flight instrument check Runup $$		Landing $$ Landing clearance—copy, confirm, comply Stabilized approach Use of flaps Landing—centerline, drift, roundout, touchdown Taxi $$ —wind, speed, braking, hazards Shutdown $$ Postflight inspection			

# **INSTRUMENT LESSON 3**

# AATD or ACFT—INTERCEPTING AND TRACKING NAVIGATION FACILITIES (CONTINUED)

# POSTFLIGHT

\_\_\_\_ Debrief

\_\_\_\_ Update TCO and logbook

# **COMPLETION STANDARDS**

The lesson will be complete when all areas have a grade of 2 or better. Standards are as follows:

- 1. Altitude ±200 feet
- 2. Headings and rollouts ±15°
- 3. Airspeed within ±15 knots
- 4. Climbs and descents at specified rate  $\pm 200$  feet

	Flight	Inst	AATD	Total Inst					
Previous					Instructor	Student	Date	Aircraft Type	Tail Number
This Lesson									
Total									
COMMENTS									

	INSTRUMENT LESSON 4 RNAV/GPS, DME AND INTERSECTION HOLDING PROCEDURES ill tutor the student on the elements of instrument holding procedures.
THE HOLDING CLEARANCE          Holding direction          Holding facility          Holding radial or bearing          DME holds	FLYING THE HOLD           Tracking to the fix           Entering the hold           Establishing wind cx inbound           Crossing the holding fix
Direction of turns           Length of inbound leg           EFC Time           Protected / unprotected air           Reporting required	Reporting to ATC when established           Flying the fix end turn, re: the wind           Beginning time abeam the fix           Establishing wind cx on the outbound           Timing outbound         Flying the outbound end turn
PLANNING THE HOLD—STANDARD AND NON-STANDARD	ANDARD        Monitoring the intercept           Intercepting the holding course         Id speed        Beginning time on the intercept         of the wind        Flying the inbound course
COMPLETION STANDARDS The lesson will be complete when all areas have 1. Accurately describe a holding pattern 2. Identify the elements of holding clearance 3. Accurately describe the three standard and r	e a grade of 2 or better. Standards are as follows: non-standard entry methods
Instructor         Student	<u>Date</u>

Hours	INSTRUMENT LESSON 5 AATD or ACFT—VOR, GPS, DME AND INTERSECTION HOLDING PROCEDURES OBJECTIVE: The student will practice, with instructor guidance, instrument holding procedures. TIME: Approx 3.0 hours					
PREFLIGHT BRIEF	NG	TAKEOFF / CLIMB				
     PREFLIGHT PREP/ 	IFR cockpit √—ARROW Tests—VOR, Transponder, Alternate- Static, Altimeter, ELT, 121.5 check, RNAV/GPS (as required)	    BASIC INSTRUMEI				
STARTUP	IFR Preflight Inspection √ IFR cockpit organization Engine Start √ Comm radio setup— <i>freq, vol, transmitter</i> Nav radio setup— <i>freq, ID, set course</i> ATIS— <i>copy and review</i> IFR clearance— <i>copy, confirm, comply</i>		Constant Speed / Rate Climbs with turns Level-off procedure Cruise checklist √— <i>trim &amp; mixture</i> Straight and level Turns— <i>headings, standard &amp; 1/2 rate,</i> <i>timed</i> Constant speed / rate descents with turns			
TAXI AND RUNUP	Taxi √ Taxi Clearance— <i>copy, confirm, comply</i> Taxi— <i>wind, brakes, steering, speed, hazards</i> Gyros and compass check— <i>first turn</i> Flight Instrument Check Runup √	INTERCEPTING / T	Partial panel, all maneuvers <u><b>RACKING</b></u> Intercepting radials / courses Tracking to / from nav stations Partial panel, all maneuvers			

INSTRUMENT LESSON 5 AATD or ACFT—HOLDING PROCEDURES

# (CONTINUED)

HOLDING PROCEDURES—STANDARD / NON-STANDARD	LANDING	
Holding clearance—copy, confirm, comply		_ Landing $\checkmark$
Drawing the hold, entry, and wind		Landing clearance—copy, confirm, comply
Flying the entry and estimating wind cx		_ Stabilized approach
Tracking to the holding fix and reporting to ATC		Landing—centerline, drift, roundout, touchdown, full
Flying the fix end turn		- stall
Flying to the abeam point / establishing the wind cx		Taxi √—wind, speed, braking, hazards Taxi clearance—copy, confirm, comply
Timing—flying the outbound leg		Shutdown √
Flying the outbound end turn and in- tercepting	POSTFLIGHT	
Timing—tracking the inbound course with wind cx	<u> </u>	_ Debrief
Reporting to ATC on leaving the hold		
		Update TCO and logbook

# **COMPLETION STANDARDS**

The student will understand and be able to perform basic instrument flight procedures while maintaining the following

- 1. Altitude ±200 feet
- 2. Headings ±15°
- 3. Airspeed within ±10 knots
- 4. Climbs and descents at specified rate ±200 feet

	Flight	Inst	AATD	Total Inst					
Previous					Instructor	Student	Date	Aircraft Type	Tail Number
This Lesson									
Total									
COMMENTS									

Hours INSTRUMENT LESSON 6 BRIEFING—NON-PRECISION / PRECISION APPROACH PROCEDURES OBJECTIVE: The student will be tutored on non-precision approach procedures. TIME: As required							
TRANSITION FROM ENROUTE STRUCTURE	FINAL APPROACH SEGMENT						
Obtaining weather—ATIS, AWOS, ASOS	Beginning time at the FAF (if required)						
Brief approach	Beginning descent at the FAF						
Set frequencies and ID stations	Descending to the MDA / DA						
Tracking to the IAF	Distance as the Missed Approach Point						
	Nav facility as the Missed Approach Point         Maintaining MDA until the Missed						
INITIAL AND INTERMEDIATE APPROACH SEGMENTS	Confirm landing checklist						
Timing / mileage outbound from the IAF	Transitioning to visual approach						
Turning outbound on the PT	Beginning the Missed Approach Procedure						
Descending to altitude	MISSED APPROACH SEGMENT						
Complete landing checklist	Transition to missed approach						
Timing the PT outbound	Call ATC re: " going missed!"						
Turning PT inbound	ATC Clearance—copy, confirm, comply						
COMPLETION STANDARDS	POSTBRIEF Update TCO						
<ul><li>The lesson will be complete when all areas have a grade of 2 or better. Standards are as follows:</li><li>Accurately describe the segments of the approach.</li></ul>							
2. Accurately describe the procedures to be used in each segment.							
Instructor Student	Date						

Hours       INSTRUMENT LESSON 7         AATD or ACFT—FLYING NON-PRECISION APPROACH PROCEDURES         OBJECTIVE:       Instructor will demonstrate and student will practice non-precision approach procedures.         TIME:       Approx 6.0 hours						
PREFLIGHT BRIEF	ING	TAKEOFF / CLIMB				
	Briefing on the Lesson		Takeoff $$			
	Documents and required instrument checks		Takeoff clearance—copy, confirm, comply			
	Wake turb, wind shear, collision avoidance		Takeoff—normal			
	Incursion avoidance—call all hold short lines		Climb 500' then "on course"			
			Climb $$			
	Weather		Tower handoff / Center Check-in			
	FAR AIM, enroute charts, approach plates		Center Clearance—copy, confirm, comply			
	Flight equipment—kneeboard, pencils, etc.		I ENROUTE STRUCTURE			
PREFLIGHT PREP	ARATION					
	IFR cockpit √— <i>ARROW</i>		Obtain ATIS			
	Tests—VOR, Transponder, Alternate-		Brief the approach			
	Static, Altimeter, ELT, 121.5 check, RNAV/GPS (as required)		Set frequencies			
	IFR Preflight Inspection $$		Identify stations			
	IFR cockpit organization		Set course			
			Intercept course			
STARTUP			Track course			
	Engine Start $$		Descent to altitude			
	Comm radio setup—freq, vol, transmitter		Configure acft for approach			
	Nav radio setup—freq, ID, set course					
	ATIS—copy and review	INITIAL / INTERMEI	DIATE FIX TO FAF			
	IFR clearance—copy, confirm, comply		Timing outbound from the IAF			
TAXI AND RUNUP			Landing $$			
	Taxi √		Timing/flying Procedure Turn outbound			
	Taxi Clearance—copy, confirm, comply		Remaining within protected airspace			
			Intercepting the inbound course to IF or FAF			
	Taxi—wind, brakes, steering, speed, hazards Gyros and compass check—first turn		Reviewing the Missed Approach Procedure			
			Confirm track / course			
	Flight Instrument Check		Begin descent, if required			
	Runup √					

# INSTRUMENT LESSON 7 AATD or ACFT—FLYING NON-PRECISION APPROACH PROCEDURES (CONTINUED)

FAF TO MAP		FLYING THE MISS	ED APPROACH PROCEDURE
	Start time Maintaining track / course Begin descent to MDA Inform ATC Confirm landing √	  POSTFLIGHT	Getting established on the Missed Approach Calling ATC re: " going missed!" Missed clearance—copy, confirm, comply
	Identify MAP Transition to visual and land or Begin missed approach procedure or		_ Debrief _ Update TCO and logbook
	Circle to land		

# **COMPLETION STANDARDS**

The lesson will be complete when all areas have a grade of 2 or better. The standards are as follows:

- 1. Altitude ±200 feet
- 2. Headings ±15°
- 3. Airspeed within ±10 knots
- 4. Climbs and descents at specified rate ±200 feet

	Flight	Inst	AATD	Total Inst					
Previous					Instructor	Student	Date	Aircraft Type	Tail Number
This Lesson									
Total									
COMMENTS									

Hours       INSTRUMENT LESSON 8         AATD or ACFT—FLYING PRECISION APPROACH PROCEDURES         OBJECTIVE:       The student, under instructor guidance, will practice flying precision approach procedures.         TIME:       Approx 3.0 hours						
PREFLIGHT BRIEF	ING	TAKEOFF / CLIMB				
	Briefing on the Lesson		Takeoff √			
	Documents and required instrument checks		Takeoff clearance—copy, confirm, comply			
	Wake turb, wind shear, collision avoidance		Takeoff—normal			
			Climb 500' then "on course"			
	Incursion avoidance—call all hold short lines		Climb $$			
	Weather		Tower handoff / Center Check-in			
	FAR AIM, enroute charts, approach plates		Center Clearance—copy, confirm, comply			
	Flight equipment—kneeboard, pencils, etc.	FLYING TO THE IAI	<u> </u>			
PREFLIGHT PREP			Obtain ATIS			
			Brief the approach			
	IFR cockpit √— <i>ARROW</i>		Set frequencies			
	Tests-VOR, Transponder, Alternate-Static,		Identify stations			
	Altimeter, ELT, 121.5 check, RNAV/GPS (as required)		Set course			
	IFR Preflight Inspection $$		Intercept course			
			Track course			
	IFR cockpit organization		Descent to altitude			
STARTUP			Configure acft for approach			
	Engine Start $$	IAF TO INTERMEDI	ATE FIX			
	Comm radio setup—freq, vol, transmitter		Timing outbound from the IAF			
	Nav radio setup—freq, ID, set course		Landing $\checkmark$			
	ATIS—copy and review		Timing/flying Procedure Turn outbound			
	IFR clearance—copy, confirm, comply		Remaining within protected airspace			
TAXI AND RUNUP			Intercepting the inbound course to IF			
	Taxi $\checkmark$		Reviewing the Missed Approach Procedure			
	Taxi Clearance—copy, confirm, comply	IF TO FAF				
	Taxi—wind, brakes, steering, speed, hazards	<u></u>	Confirm trook / course			
	Gyros and compass check—first turn		Confirm track / course			
	Flight Instrument Check		Begin descent, if required			
	Runup √		Intercepting / descending on glide slope			

# INSTRUMENT LESSON 8 AATD or ACFT—FLYING PRECISION APPROACH PROCEDURES (CONTINUED)

FAF TO MAP	(the DA )	FLYING THE MISS	ED APPROACH PROCEDURE
	Start timing		Getting established on the Missed Approach Procedure
	Maintaining track / course		Calling ATC re: " going missed!"
	Descending on glide slope		Samig frie for in going mooda
	Inform ATC		Missed clearance— <i>copy, confirm, comply</i>
	Confirm landing $$		
	Identify DA	POSTFLIGHT	
	Transitioning to visual and land		Debrief
	or		Update TCO and logbook
	Begin missed approach proce- dure or		
	Circling to land		

# COMPLETION STANDARDS

The lesson will be complete when all areas have a grade of 2 or better. The standards are as follows:

- 1. Altitude ±200 feet
- 2. Headings ±15°
- 3. Airspeed within ±10 knots
- 4. Climbs and descents at specified rate ±200 feet

	Flight	Inst	AATD	Total Inst					
Previous					Instructor	Student	Date	Aircraft Type	Tail Number
This Lesson									
Total							I		
COMMENTS									

Hours INSTRUMENT LESSON 9 AATD or ACFT—FLYING DME ARCS OBJECTIVE: The student, under instructor guidance, will practice flying DME ARCS. TIME: Approx 1.0 hour					
PREFLIGHT BRIEF	ING	FLYING TO THE ARC			
	Briefing on the Lesson		Brief the approach		
	Documents and required instrument checks		Set freqs for the ARC and approach Identify stations		
	Wake turb, wind shear, collision avoidance		Set courses for the ARC and approach		
	Incursion avoidance—call all hold short lines		Tracking radial to the ARC		
	Weather		Descending to altitude		
	FAR AIM, enroute charts, approach plates, WACs		Intercepting the ARC		
	Flight equipment—kneeboard, pencils, etc.	FLYING THE ARC			
			Resetting courses to first crossing radial		
PREFLIGHT PREP	ARATION		Monitoring distance		
	IFR cockpit √ <i>—ARROW</i>		Intercepting crossing radials Adjusting course to maintain the ARC		
	Tests—VOR, Transponder, Alternate- Static, Altimeter, ELT, 121.5 check, RNAV/GPS (as required)		IE FINAL APPROACH COURSE		
	IFR Preflight Inspection $$		Anticipating the LR or final approach course		
	IFR cockpit organization		Intercepting the final approach course		
	in it coorpit of gamma and it		Tracking the course inbound		
STARTUP			Landing $$		
	Engine Start $$		Review of Missed Approach Procedure		
	Comm radio setup—freq, vol, transmitter		Intercepting the Glide Slope (if appropriate)		
	Nav radio setup—freq, ID, set course				
	ATIS—copy and review	FLYING THE FINAL	APPROACH SEGMENT		
	IFR clearance—copy, confirm, comply		Start timing		
TAXI AND RUNUP			Maintaining track / course		
	Taxi √		Descending to DA / MDA		
	Taxi Clearance—copy, confirm, comply		Informing ATC		
	Taxi—wind, brakes, steering, speed, hazards		Identifying DA / MDA		
	Gyros and compass check—first turn		Confirm landing $$		
	Flight Instrument Check		Transitioning to visual landingor Begin missed approach procedure or		
	Runup √		Circle to land		

# INSTRUMENT LESSON 9 AATD or ACFT—FLYING DME ARCS (CONTINUED)

## FLYING THE MISSED APPROACH PROCEDURE

Procedure

POSTFLIGHT

\_\_\_ Debrief

 	Calling ATC
 	•

Update TCO and logbook

Missed approach clearance—*copy*,

Getting established on the Missed Approach

confirm, comply

# COMPLETION STANDARDS

The lesson will be complete when all areas have a grade of 2 or better. The standards are as follows:

- 1. Altitude ±200 feet
- 2. Headings ±15°
- 3. Airspeed within ±10 knots
- 4. Climbs and descents at specified rate  $\pm 200$  feet

	Flight	Inst	AATD	Total Inst					
Previous					Instructor	Student	Date	Aircraft Type	Tail Number
This Lesson									
Total									

# COMMENTS

Hours	BRIEFI	INSTRUMENT LESSON 10 FING—FOR STAGE ONE CHECK emonstrate an understanding of the IFR procedures and op-			
PREFLIGHT PREPAR	ATIONS	ATC CLEARNACES	ACES AND PROCEDURES		
	Risk Factors—PAVE Recent Flight Experience—IFR Required documents Required instruments/inspections Required instruments/inspections recing: Airframe, Pitot-static, Intake Effects of icing 61000: ADC Failure/AHRS Failure GPS and WAAS Failure Electrical Power Supply Malfunctions Autopilot/Trim failures GPS Terms: RAIM VAAS PV/DA NAV/VNAV/DA NAV/WDA		Flight Plan Filing/Closing Standard Clearance Items Abbreviated/Full Route/Amended Holding Clearances/Procedures Approach Clearances/Visual/ Contact Required Reports/Lost Communi- cations		
S	e a grade of 2 or better and demonstra	REGULATIONS/PRO	Instrument Flight Rules Part 91 UD Inst. Training Limitations of all procedures by thoroughly		

Hours INSTRUMENT LESSON 11 AATD or ACFT—REVIEW FOR THE STAGE ONE CHECK OBJECTIVE: Student will demonstrate proficiency in all procedures previously introduced. TIME: Approx 3.0 hours										
PREFLIGHT BRIEF	FING	TAKEOFF / CLIMB								
	Briefing on the Lesson		Takeoff √							
	Documents and required instrument checks		Takeoff clearance—copy, confirm, comply							
	Wake turb, wind shear, collision avoidance		Takeoff—normal							
	Incursion avoidance—call all hold short lines		Climb 500' then "on course"							
	Weather		Climb $$							
	FAR AIM, enroute charts, approach plates, sectionals, WACs		Tower handoff / Center Check-in							
PREFLIGHT PREP	ARATION	BASIC INSTRUMEN	IT FLIGHT							
	IFR cockpit √— <i>ARROW</i>		S + L flight at various airspeeds							
	Tests—VOR, Transponder, Alternate-Static, Altimeter, ELT, 121.5 check, RNAV/GPS (as required)		Constant rate / speed climbs and de- scents							
			Standard and 1/2 rate turns							
	IFR Preflight Inspection √		Steep turns							
	IFR cockpit organization		Slow flight (various configurations)							
STARTUP			Stalls (power on / off)							
	Engine Start $$		Recovery from unusual altitudes							
	Comm radio setup-freq, vol, transmitter		Partial panel—all exercises above							
	Nav radio setup-freq, ID, set course	INTERCEPTING / T	RACKING (VOR and RNAV/GPS)							
	ATIS—copy and review		Intercepting nav radials / courses							
	IFR clearance—copy, confirm, comply		Tracking to / from nav stations							
TAXI AND RUNUP			Partial panel, all maneuvers above							
	Taxi √		ARD / NON-STANDARD							
	Taxi Clearance—copy, confirm, comply	HOLDING-STAND								
	Taxi—wind, brakes, steering, speed, hazards		VOR—holding at the nav aid							
	Gyros and compass check—first turn		VOR—holding at intersections							
	Flight Instrument Check		DME holds							
	Runup √		GPS							

INSTRUMENT LESSON 11 AATD or ACFT—REVIEW FOR THE STAGE ONE CHECK (CONTINUED)

APPROACHES		LANDINGS	
	DME ARC		Identifying DA / MDA
	ILS		Transitioning to visual landing… or
	NDB (optional)		Flying a missed approach procedure
			From a missed approach
	VOR		Circling to land
	Localizer	POSTFLIGHT	
	Localizer Back Course		Debrief
	GPS		Update TCO and logbook

# **COMPLETION STANDARDS**

The student will understand and be able to perform basic instrument flight procedures while maintaining the following:

- 1. Altitude ±150 feet
- 2. Headings ±15°
- 3. Airspeed within ±10 knots
- 4. Climbs and descents at specified rate ±200 feet

	Flight	Inst	AATD	Total Inst					
Previous					Instructor	Student	Date	Aircraft Type	Tail Number
This Lesson									
Total									
COMMENTS									

Hours INSTRUMENT LESSON 12 AATD or ACFT—STAGE ONE CHECK OBJECTIVE: The student shall demonstrate understanding of and proficiency in the procedures lister TIME: As required									
PREFLIGHT BRIEF	ING	TAKEOFF / CLIMB							
	Briefing on the Lesson		Takeoff $$						
	Documents and required instrument		Takeoff clearance—copy, confirm, comply						
	checks		Takeoff—normal						
	Wake turb, wind shear, collision avoid-		Climb 500' then "on course"						
	ance		Climb $$						
	Incursion avoidance—call all hold short lines	BASIC INSTRUMEN							
	Weather	At least 2 below AI and H							
	FAR AIM, enroute charts, approach		_ S + L flight at various airspeeds						
	plates		Constant rate / speed climbs and de- scents						
PREFLIGHT PREP	ARATION		Standard and 1/2 rate turns						
	IFR cockpit √— <i>ARROW</i>		Steep turns (full panel)						
	Tests—VOR, Transponder, Altimeter/Static		Slow flight (various configurations)						
	System, ELT, GPS database expiration		_ Stalls (power on / off)-recovery at first indication						
<u> </u>	IFR Preflight Inspection $$		Recovery from unusual altitudes						
	IFR cockpit organization		(Al covered)						
STARTUP		HOLDING—STAND	ARD / NON-STANDARD						
	Engine Start $$	Minimum of 2 holds (at least 1 partial panel)							
	Comm radio setup—freq, vol, transmit-		VOR—holding at the nav aid (optional)						
	ter		_ VOR—holding at an intersection (optional)						
	Nav radio setup—freq, ID, set course		GPS—(optional)						
	ATIS—copy and review		DME—hold (optional)						
	IFR clearance—copy, confirm, comply	APPROACHES							
TAXI AND RUNUP		Minimum of 3 approaches (at least 1 partial panel)							
	Taxi √		DME ARC						
	Taxi Clearance—copy, confirm, comply		GPS						
			ILS or LPV						
	Taxi—wind, brakes, steering, speed, hazards		NDB (optional)						
	Gyros and compass check—first turn		VOR (optional)						
	Flight Instrument Check		Localizer (optional)						
	Runup √		Localizer Back Course (optional)						

INSTRUMENT LESSON 12 AATD or ACFT—STAGE ONE CHECK (CONTINUED)										
LANDINGS					PO	STFLIGHT				
	Identifying DA / MDA Debrief									
	One missed approach procedure Up							CO and log	book	
	From a	a straigl	nt in app	oroach						
	Circling approach									
COMPLETION STANDARDS										
The student will unde	rstand a	and be a	able to p	perform basic ir	nstru	ment flight procec	lures while	maintaining	the following:	
1. Altitude ±150 fee	t									
2. Headings ±15°										
3. Airspeed within ±	10 knot	s								
4. Climbs and desce	ents at s	specifie	d rate ±	200 feet						
Eliab	( Inot		Total							
Fligh	t Inst		Inst							
Previous				Instructor		Student	Date	Aircraft Type	Tail Number	
This Lesson										
		1								
Total										
CRITIQUE										
RECOMMENDATION	<u> </u>									
1 This stage	e check	perform	nance in	dicates that ad	ditio	nal review is nece	ssary.			
A. Do Review Lessons on all items marked "1 " until your Instructor indicates a satisfactory "2 ".										
B. Insert	B. Insert the Review Lesson sheets following this page.									
C. Return	i to a ch	eck ins	tructor.							
Check Instructor				Studer	nt			Date		
2 This stage	e check	was pe	rformed	in a satisfactor	ry ma	anner. Move on to	o the next s	tage.		
Check Instructor	ck Instructor Student Date									

# INSTRUMENT RATING COURSE

# STAGE TWO

Cross Country Flight Training

Lessons 13-16

15.0 hours (approx) of dual instrument flight training in an airplane to include:

10.0 hours (approx) of instrument cross-country training to include:

- 1. At least one instrument cross-country flight of at least 250 nautical miles
- 2. Along airways or using ATC-directed routing
- 3. Doing three different kinds of instrument approaches
- 4. Comprehensive instrument procedures review prior to the final rating check
- 5. 3 hours flight training in preparation for the practical test must be within 2 calendar months of the date of the test.

# Stage two Objectives

The student will be instructed in cross-country instrument flying,

and will review all instrument procedures in preparation

for the Instrument Rating Check

# Stage Two Completion Standards

This stage will be complete when the student meets all lesson standards and performs all

# maneuvers to Airman Certification Standards.

Hours       INSTRUMENT LESSON 13         BRIEFING—IFR CROSS-COUNTRY PLANNING AND FLYING         OBJECTIVE:         The instructor will guide the student in planning a simulated IFR cross-country.         TIME:         As required										
PREFLIGHT PLANNI	NG	WEATHER CHARTS								
P	Pilot—human factors				Surface Analysis Charts					
C	CFR Parts 61 / 91				Weather Depiction Charts					
E	Enroute and approach charts				Radar Summary Charts					
т	ake off and landing minima				Low-Level Prog Charts					
N	Vavigation log				Winds & Temps Aloft Charts					
	SS				Composite Moisture Stability Charts					
					Severe Weather Outlook Charts					
WEATHER REPORTS	5				Constant Pressure Analysis Charts					
N	/ETARs	FLIGH	T PLAN	NING						
	PIREPs				Review aircraft emergency proce- dures					
					Completing flight plan					
Satellite Weather Pictures WEATHER FORECASTS					Filing flight plan (controlled and un- controlled airports)					
T.	AFs	AIRCRAFT PREFLIGHT								
F	As (area forecasts)				Normal preflight items					
T	WEB (route forecasts)				IFR preflight items					
V	VAs, WSs, WSTs									
F	Ds (winds and temps aloft)	COMM	UNICA	TIONS						
c	CWAs				IFR clearance—copy, confirm, comply					
A	ACs (convective outlooks)				Taxi clearance—copy, confirm, comply					
	AWW (severe weather forecast alert)				IFR Clearance (controlled and uncon- trolled airports)					
V	YW (severe weather watch bulle- in)	<u>TAXI A</u>	ND RU	JNUP	Taxi √					
Δ	ATIS				Gyro-compass check on first turn					
NOTAMS					Flight instrument check					
<sup>D</sup>	) and FDCs				Runup √					

## INSTRUMENT LESSON 13 BRIEFING—IFR CROSS-COUNTRY PLANNING AND FLYING (CONTINUED)

TAKEOFF			ENRC	DUTE				
	Takeoff $$					Maintaining course and altitude		
	Climb out and trai	nsition to IFR				Use of autopilot (all phases of flight)		
	"Runway heading	" or "assigned"				Communications procedures		
DEPARTURE	Tower handoff to	doparturo				Use of enroute charts to monitor flight		
		departure				Completing flight log		
	ATC clearance—cop	y, confirm, comply				Obtaining ATIS before ATC handoff		
IFR EMERGENCY	OPERATIONS					Handoff to approach control		
	Takeoff, enroute	, approach						
	Unforecasted ad	verse wx	APPR	OACH				
	Inadvertent icing	encounter	<u> </u>		<u> </u>	ATC clearance—copy, confirm, comply		
	Communications	s failure				Briefing the approach		
	Electrical failure					Setting up for the approach		
	Pitot / static syst	em failure				Flying the approach		
	Vacuum pump fa	ailure				Transition to visual and landing		
	Loss of situation	al awareness				Canceling the flight plan		
	Unusual attitude procedures	recovery	POST	BRIEF				
	·					Update TCO and logbook		
COMPLETION STA	NDARDS							
The lesson will be c	complete when the	student can perform tl	he follov	wing:				
1. Obtain and inte	rpret all types of we	eather reports						
2. Use the weather	r reports and aircra	aft POH to complete a	flight p	lan				
3. Explain the vari	ous takeoff and in	flight IFR procedures						
4. Explain the vari	ous IFR emergenc	y procedures						
5. Interpret and us	e enroute charts a	nd approach plates						
6. Perform the required calculations to complete a flight log								
Instructor		<u>Student</u>			Da	ate		
	·····							

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Hours       INSTRUMENT LESSON 14         ACFT—IFR CROSS-COUNTRY FLIGHT PROCEDURES         OBJECTIVE:       Instructor guided, student flight experiences in IFR cross-country flight procedures. One flight must be at least 250 nm long and include 3 different instrument approaches and one leg of at least 100 nm. TIME: Approx 10.0 hours										
PREFLIGHT BRIEF	FING	TAXI AND RUNUP								
	Briefing on the lesson		Taxi $\checkmark$							
	Documents and required instrument checks		Taxi Clearance—copy, confirm, comply							
	Wake turb, wind shear, collision avoidance		Taxi—wind, brakes, steering, speed, hazards							
	INCURSION avoidance - call HOLD SHORT		Gyros and compass check—first turn							
	Weather briefing (reports, forecasts, charts)		Flight Instrument Check							
	FAR AIM, enroute charts, approach plates, sectionals		Runup √							
	Flight equipment—kneeboard, pencils, etc.		Kullup V							
		TAKEOFF / CLIMB								
PREFLIGHT PREP	ARATION		Takeoff $$							
	Completing / filing flight plan		Takeoff clearance—copy, confirm, comply							
	IFR cockpit √— <i>ARROW</i>		Takeoff—type optional							
1	Tests—VOR, Transponder, Altimeter/		Climb 500' then "on course"							
	Static, GPS database expiration		Climb $\checkmark$							
·	IFR Preflight Inspection $$		Tower handoff / Center Check-in							
	IFR cockpit organization		Center Clearance—copy, confirm, comply							
		IFR EMERGENCY OPERATIONS								
STARTUP			Takeoff, enroute, approach							
	Engine Start $$		Unforecasted adverse wx							
	-		Inadvertent icing encounter							
	Comm radio setup—freq, vol, transmitter		Communications failure							
	Nav radio setup#1— freq, ID, set course		Electrical failure							
	Nav radio setup #2—emergency return		Pitot / static system failure							
	and review approach		Vacuum pump failure							
	ATIS—copy and review		Loss of situational awareness							
	IFR clearance—copy, confirm, comply		Unusual attitude recovery procedures							

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Hours	INSTRUMENT LESSON 14 ACFT—IFR CROSS-COUNTRY FLIGHT PROCEDURES OBJECTIVE: Instructor guided, student flight experiences in IFR cross-country flight procedures. One flight must be at least 250 nm long and include 3 different instrument approaches and one leg of at least 100 nm. TIME: Approx 10.0 hours								
ENROUTE		FINAL							
	Intercepting and tracking courses		Hand off to the tower or CTAF						
			Approach—final seg within tolerances						
	Level-off from climb procedure		Preparations for missed approach						
	Maintaining course and altitude	INSTRUMENT APF	ROACH PROCEDURES						
	Use of VORs/Victor Airways	Non-precision approache	es full and partial panel						
			ILS						
	Use of GPS		LOC						
	Autonilat use (all phases)		LOC/BC (optional)						
	Autopilot use (all phases)		VOR						
	Enroute communications		GPS						
			Radar - ASR or PAR (optional)						
	Use of enroute charts to identify position		Missed approach						
			Circling approach						
	Completing flight logs		Landing from straight-in / circling ap- proach						
	Identifying intersections		Coupled approach with auto pilot						
	Holding procedures	LANDING							
	Obtaining ATIS prior to approach		Transitioning to visual						
	control		Completion of landing						
	Briefing the approach		Canceling flight plan (if applicable)						
		MISSED APPROAC	<u>H</u>						
	Setting up approach—freq, ID, set course		Begins at the MAP						
INBOUND			Transitions to missed approach configura- tion						
	Hand off to the approach controller		Communicates with ATC appropriately						
			ATC clearance—copy, confirm, comply						
<u> </u>	Navigation to the IAP or vectors to final		Proceeds per ATC instructions						
<u> </u>	Approach—initial, intermediate seg	POSTFLIGHT							
			Debrief						
			Update TCO and logbook						

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### INSTRUMENT LESSON 14 ACFT—IFR CROSS-COUNTRY FLIGHT PROCEDURES (CONTINUED)

#### **COMPLETION STANDARDS**

The student will perform instrument cross-country planning and flying procedures while maintaining the following:

- 1. Altitude ±150 feet
- 2. Headings ±15°
- 3. Airspeed within ±10 knots
- 4. Climbs and descents at specified rate ±150 feet

Cross-Country Routes—List approaches at each	airport	Dates

\_ \_ \_ \_ \_ \_ \_ \_

Flight	Inst	AATD	Total Inst					
				Instructor	Student	Date	Aircraft Type	Tail Number
					Inst         Instructor         Instructor	Instructor       Student         Image: Student       Image: Student	Instructor       Student       Date         Image: Student       Image: Student       Image: Student       Image: Student         Image: Student       Image: Student       Image: Student       Image: Student       Image: Student         Image: Student <td< td=""><td>Instructor       Student       Date       Aircraft         Image: Student       Image: Student       Image: Student       Image: Student       Image: Student         Image: Student       Image: Student       Image: Student       Image: Student       Image: Student       Image: Student         Image: Student       Image: Student       Image: Student       Image: Student       Image: Student       Image: Student         Image: Student<!--</td--></td></td<>	Instructor       Student       Date       Aircraft         Image: Student       Image: Student       Image: Student       Image: Student       Image: Student         Image: Student       Image: Student       Image: Student       Image: Student       Image: Student       Image: Student         Image: Student       Image: Student       Image: Student       Image: Student       Image: Student       Image: Student         Image: Student </td

COMMENTS

Hours INSTRUMENT LESSON 15 BRIEFING—PRIOR TO THE RATING CHECK OBJECTIVE: Student will demonstrate understanding of all procedures required for the instrument rating. TIME: As required								
CERTIFICATES—STUDENT	CROSS-COUNTRY FLIGHT PLANNING							
Logbook and TCO correct         Logbook and TCO correct         Verification of Private Certificate         Verification of Medical Certificate	IFR Fuel Requirements         IFR Fuel Requirements         IFR Fuel Requirements         IFR Preferred Routing							
	Flight Plans (Filing/Act./Closing)							
Recent Flight Experience           Flight Review           Safety Pilot Requirement           Logbook Records/Entries	Oxygen Requirements     IFR Altitudes     Airspace, Cloud Clearance, & Vis.     Risk Elements							
IPC Requirements								
IMSAFE	AIRCRAFT SYSTEMS RELATED TO IFR OPS.							
Medical Requirements	Anti- & De-Icing Systems							
Risk Elements	Wing							
WEATHER INFORMATION	Tailplane							
Adverse Conditions:	Propeller							
TFRs	Carburetor and Intake							
Closed/Unsafe NOTAMs	Pitot-static							
WST/WS/WA/UUA/CWA	Risk Elements							
Current Weather:	AIRCRAFT FLIGHT INSTRUMENTS AND NAV EQUIP.							
METARs/UAs	Pitot-static and ADC							
Wx Depiction/Surf. Analysis Chart	AHRS & Magnetometer							
Radar & Radar Summary Chart	Vacuum & Gyro System							
Forecasts:	Magnetic Compass							
FA/TAF/FD	NAVAIDs							
Surface/SIGWX Prog. Charts	VOR							
Convective Outlook	ILS GPS & FMS							
Freezing Level/Icing Prob. & Sev.	GPS & FMS							
General:	Autopilot/Flight Director Limitations							
En Route Weather	Failure Modes and Errors							
NOTAMs (D and FDC)	Risk Elements							
Meteorology (i.e. Wx Theory)								
Risk Elements								

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## INSTRUMENT LESSON 15 BRIEFING—PRIOR TO THE RATING CHECK (CONTINUED)

INSTRUMENT COCKPIT CHECK	FLIGHT BY REFERENCE TO INSTRUMENTS
Documents	
Inspections	Pitch, Bank, & Power Instruments
Required Instruments/Equipment	SD and Optical Illusions
Inoperative Equipment	Normal/Abnormal Instrument
Aviation Databases	Indications and Operations
Risk Elements	Unusual Attitudes
COMPLIANCE WITH ATC CLEARANCES	Risk Elements
Responsibilities/Requirements	INTERCEPTING AND TRACKING NAV SYSTEMS
PIC Authority	
Methods to Obtain Clearances	Procedures
Terrain Clearance Requirements	CDI vs. HSI
Lost Communications	Bearing Pointer System (RMI)
"Expect" in Clearances	Nav System Failures
Departure, En Route, and Arrival	DME Arcs:
Position Reporting	"Turn 10, Twist 10"
Required IFR Reports	Bearing Pointer
VFR-On-Top Clearance	Published Arcs with FMS
Risk Elements	Risk Elements (All the above)
HOLDING	DEPARTURE, EN ROUTE, AND ARRIVAL OPS.
Purpose	SIDs and ODPs
	STARs
Reports	Terms (e.g. "Climb/Descend via")
Entries	Airport Lighting, Signs, & Markings
EFC Time	Inoperative Components Table
Minimum vs. Emergency Fuel	Climb/Descent Table
Wind Corrections	Cold Temperature Table
Autopilot Methods	Standard/Expanded Circling
Risk Elements	

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INSTRUMENT LESSON 15 BRIEFING—PRIOR TO THE RATING CHECK (CONTINUED)

	Instrument Procedure Charts	LANDING FROM A	AN INSTRUMENT APPROACH	
<u> </u>	_ ILS/PAR		Procedures and Limitations	
	_ GPS (LPV, LNAV/VNAV, LNAV, LP, LNAV+V,LP+V)		Stabilized Approach	
	_ VOR, LOC, BC, LDA, SDF, ASR		Continuing from DA/MDA	
	_ IAF, IF, FAF, MAP, MAWP, MSA		Approach Lighting Systems	
<u> </u>	_ MDA vs. DA		LAHSO	
	_ Risk Elements		Risk Elements	
MISSED APPROA	СН	POSTFLIGHT		
	Procedures and Limitations		Aircraft Securing	
<u> </u>	Identifying MAP		Documenting Malfunctions	
	MAP and FMS		Accident/Incident Reporting	
	GA Button (C172S)		Risk Elements	
	Autopilot , FD, and Missed Approach			
	Risk Elements			
CIRCLING APPRO	ACH			
	Procedures and Limitations			
	_ Approach Category and Airspeed			
	_ Expanded Circling Radii			
	_ Missed Approach Procedure			
	_ Risk Elements			
The student will der	monstrate an understanding of all IFR p	procedures by thoroug	ghly explaining their execution. The	;
student must achie	ve a 3 rating on this lesson before proc	eeding to the Rating (	Check.	
Instructor	<u>Student</u>		Date	
<u> </u>	······	· · · · · · · · · · · · · · · · · · ·		
	······	· · · · · · · · · · · · · · · · · · ·		
	·····			

INSTRUMENT LESSON 16 ACFT—FLIGHT REVIEW FOR END OF COURSE EVALUATION OBJECTIVE: To review all IFR procedures and maneuvers in preparation for the end of course evaluation flight.									
<b>TIME</b> : Approx 5.0 hours									
PREFLIGHT PREPARATION	INTERCEPTING AND TRACKING, DME ARCS								
Weather information	Intercepting radials								
Unforecasted adverse weather	Tracking radials / courses								
Cross-Country flight planning	DME Arc								
Inadvertent icing encounter	Receiver or facility failure								
National Airspace System	Risk Elements								
Performance and limitations	HOLDING—STANDARD / NON-STANDARD								
Operation of systems									
Minimum equipment list	VOR—holding at the nav aid								
Aeromedical factors	VOR—holding at an intersection								
IFR emergencies	GPS								
PREFLIGHT PROCEDURES	DME—hold								
Aircraft systems related to IFR ops	Risk Elements								
(airframe, propeller/intake, fuel,	INSTRUMENT APPROACH PROCEDURES								
pitot-static, vacuum pump)	Non-precision approaches full and partial panel								
Flight instruments	ILS								
Navigation equipment	LOC								
Cockpit, instrument & radio checks	LOC/BC (Optional)								
Risk Elements	VOR								
ATC CLEARANCES AND PROCEDURES	GPS								
ATC clearances	Radar - ASR or PAR (Optional)								
Compliance with all clearances	Coupled approach								
Holding procedures	Missed approach								
Risk Elements	Circling approach								
FLIGHT BY REFERENCE TO INSTRUMENTS	Landing from straight-in / circling								
Straight and level-partial & full panel	Risk Elements								
Change of airspeed-partial & full panel	•								
Constant airspeed climbs and     descents-partial & full panel									
Constant rate climbs and descents- partial & full panel									
Timed turns to magnetic compass headings-partial & full panel									
Unusual attitudes-partial & full panel									
Use of autopilot									
Risk Elements									

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### INSTRUMENT LESSON 16 ACFT—FLIGHT REVIEW FOR END OF COURSE EVALUATION (CONTINUED)

IFR EMERGENCY OPERATIONS	POSTFLIGHT PROCEDURES				
Takeoff, En Route, Approach	Checking instruments and equip- ment				
Communications Failure					
Electrical Failure	Debrief				
Pitot / Static System Failure	Update TCO and logbook				
Vacuum Pump Failure	Risk Elements				
GPS Failure					
AHRS/ADC Failure					
Risk Elements					

#### **COMPLETION STANDARDS**

The student will perform instrument cross-country planning and flying procedures while maintaining the following:

- 1. Altitude ±100 feet
- 2. Headings ±10°
- 3. Airspeed within ±10 knots
- 4. Climbs and descents at specified rate ±100 feet or as per the latest FAA Instrument A.C.S.

	Flight	Inst	AATD	Total Inst					
Previous					Instructor	Student	Date	Aircraft Type	Tail Number
This Lesson									
Total									
COMMENTS			1						

### UD INSTRUMENT RATING END-OF-COURSE EVALUATION-PAGE 1

**OBJECTIVE:** The application will display the knowledge, skills, and risk management elements necessary to obtain an Instrument Rating.

TIME: As required

Student	Examiner		Date			
EVALUATION PRE		I. PREFLIGHT PREPARATION				
	Drivers license—current picture ID	Pilot	qualifications			
	Private certificate—current	Wea	ther information			
	Log endorsements—correct	Cros	s-Country flight planning			
	Medical certificate—current 3rd class or higher	II. PREFLIGHT PROCED	DURES			
	8710 Form completed, dated, signed		raft systems related to IFR ops			
	Knowledge test report—current, 70	Filgr	nt instruments & Nav Equip.			
	or better, test deficiencies signed off by the instructor	Instr	ument cockpit check			
	Certificate of Enrollment—	III. ATC CLEARANCES A	AND PROCEDURES			
	completed TCO—completed		ATC clearances (actual or simulated)			
	Ground school sign off verified	Com	pliance with all clearances			
NOTE:		Hold	ling procedures			
The evaluator must	t assess the applicant on all skill	IV. FLIGHT BY REFERE	NCE TO INSTRUMENTS			
	Task included in each Area of	Basi	c instrument maneuvers			
	CS unless otherwise noted. The		overy from unusual attitudes n nose high & nose low)			
	o assess at least one Knowledge isk Management element in each	V. NAVIGATION SYSTE	MS			
Area of Operation a	and Task. Additionally, the evaluator		 cepting & tracking Nav ems and DME arcs			
must include each missed on the Know	task element (s) the applicant wledge test.		arture, En Route, and Arrival			
		VI. INSTRUMENT APPROACH PROCEDURES				
		Non	-precision approach			
			Full panel			
			Partial panel			
		Prec	sision approach			
		Miss	ed approach			
		Circl	ling approach			
			ding from a straight-in or ing approach			

### UD INSTRUMENT RATING END-OF-COURSE EVALUATION-PAGE 2

**OBJECTIVE:** The student will display the knowledge and skills necessary to receive an Instrument Rating.

## TIME: As required

VII. EMERGENCY OPERATIONS			
	FLIGHT 1		
Loss of communications	Examiner		
Approach with loss of primary flight instruments	Student		
<b>Note:</b> This approach shall count as one of the required non-precision approaches.	Date		
VIII. POSTFLIGHT PROCEDURES	Oral Time		
Check instruments and equipment	Flight Time		
COMPLETION STANDARDS	FLIGHT 2		
The student pilot must meet the requirements of FAA	Examiner		
publication FAA-ACS-8081-8, or latest Instrument	Student		
Rating Airman Certification Standards.	Date		
	Oral Time		
	Flight Time		
	FLIGHT 3		
	Examiner		
	Student		
	Date		
	Oral Time		
	- Flight Time		
	-		
	TOTAL	ORAL TEST TIME	
	TOTAL F	LIGHT TEST TIME	
		AIRCRAFT N #	

\_\_\_\_\_

## INSTRUMENT RATING END-OF-COURSE EVALUATION (CONTINUED)

## CRITIQUE

RECOM	IENDATION		
1 -	This stage check performance indicates that additional review is necessary.		
	A. Do Review Lessons on all items marked "1 " until your Instructor indicates a satisfactory "3".		
	B. Insert the Review Lesson sheets fol	lowing this page.	
	C. Return to the Chief / Assistant Chier	f Instructor for reevaluation.	
Check Ir	nstructor -	Student	Date
2	This stage check was performed in a sa	atisfactory manner.	
Check Ir	nstructor -	Student	Date

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TO:	Chief Instructor, University of Dubuque Flight Center

FROM: Chief Ground Instructor / Instructors

DATE: \_\_\_\_\_

RE: Instrument Rating Ground School Graduation

The following student has successfully completed all the requirements for the Instrument Rating Ground School Course:

Instructor -

# INSTRUMENT RATING Ground Training Course

## Hours

Stage 1—a minimum of 14.0 ground training hours
Stage 2—a minimum of 12.0 ground training hours
Stage 3—a minimum of 6.0 ground training hours
Minimum of 32.0 ground training hours

## Objectives

The objective of the ground training course is to provide students with the necessary aeronautical knowledge to meet the prerequisites specified in 14 CFR 61 and 141 for the FAA Instrument Airplane Knowledge Examination.

# **Completion Standards**

Students will meet the ground training course completion standards by demonstrating through a combination of oral tests, written tests, and school records, that they meet the prerequisites specified in 14 CFR 61 and 141, and have the knowledge necessary to pass the FAA Instrument Airplane Knowledge Examination.

# INSTRUMENT RATING Ground Training Course

## STAGE 1

Lessons 1-6

14.0 hours (minimum) of ground training

# Stage 1 Objectives

The student will be introduced to the principles of instrument flight, limitations of flight instruments and navigations receivers / systems, and the proper operation of flight instruments and navigation equipment. The student will obtain a basic knowledge of the limitations of the human body and pertinent physiological factors related to instrument flight. The student will also be introduced to the role of ATC in the National Airspace System and the instrument flight publications necessary for IFR planning and flight. Emphasis will be placed on FARs and AIM information applicable to instrument flight.

## Stage 1 Completion Standards

This stage will be complete when the student has completed the stage written examination with a minimum score of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

#### LESSON 1 THE INSTRUMENT PROFESSIONAL PILOT

#### **OBJECTIVES**

Become familiar with the advantages and capabilities of an instrument rated pilot. Gain a better understanding human factors and aviation physiology as they relate to instrument flight.

Become familiar with UD TCO for instrument rating.

#### **INSTRUMENT TRAINING**

- Eligibility requirements
- Types of training available
- Phases of training
- Instrument pilot privileges and limitations
- Commercial pilot privileges
- Additional ratings

#### **DECISION MAKING**

- The decision making process
- CRM
- PIC responsibility
- Resource and work load management
- Situational awareness
- Judgment

#### PHYSIOLOGY

- Fitness for flight
- Alcohol and drugs
- Fatigue
- Stress
- Spatial disorientation
- Vestibular disorientation
- Нурохіа
- Decompression sickness
- Hyperventilation
- Tricks of mind and body

#### LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

#### ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

#### LESSON 2 BASIC INSTRUMENT FLIGHT

#### **OBJECTIVES**

Develop working knowledge of flight instruments and components.

Become familiar with the limitations and errors of flight instruments and components.

Review basic principles of altitude instrument flight.

Understand fundamental skills associated with instrument cross-check, instrument interpretation and aircraft control.

Introduce partial panel flight procedures.

#### FLIGHT INSTRUMENTS

- Gyroscope
- Magnetic compass
- Pitot-static

#### FUNDAMENTAL SKILLS

- Cross-check
- Interpretation
- Aircraft control
- Primary / support instrument concept

#### FLIGHT MANEUVERS

- Straight and level
- Standard rate turns
- Steep turns
- Constant airspeed climbs and descents
- Constant rate climbs and descents
- Climbing and descending turns
- Unusual attitude recovery
- Partial panel considerations

#### **INSTRUMENT FAILURES**

- Identification
- Attitude indicator
- Heading indicator
- Compass / timed turns
- Pitot-static

#### LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

#### ASSIGNED READING

#### LESSON 3 INSTRUMENT NAVIGATION

#### **OBJECTIVES**

Learn the operation of VOR, DME, ADF and GPS for navigation and its associated limitations. Become familiar with RNAV systems.

#### VOR NAVIGATION

- HSI / OBS
- Intercepting / tracking a radial
- Time and distance to a station
- Station passage
- VOR checks and limitations
- DME operations

#### ADF NAVIGATION

- RMI
- Intercepting / tracking a bearing
- Time and distance to a station
- Station passage
- Limitations

#### RNAV

- VORTAC based
- INS
- LORAN
- GPS

#### LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

#### ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

#### LESSON 4 FAR / AIM WORKSHOP

#### **OBJECTIVES**

Acquire knowledge of NTSB regulations and FARs as they pertain to instrument flight.

Gain greater understanding of the National Airspace System and the instrument environment in which pilots operate.

#### RULES AND REGULATIONS

- FAR Part 1
- FAR Part 66
- FAR Part 91
- FAR Part 141
- NTSB Part 830

#### **ENVIRONMENT**

- Airport
- Airspace
- Flight information

#### LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

#### ASSIGNED READING

#### LESSON 5 ATC

#### **OBJECTIVES**

Learn the services provided by ATC

- Become familiar with enroute and terminal facilities.
- Understand the elements of a clearance.

#### ATC SYSTEM

- ARTCC
- Weather information
- Safety alerts
- ATIS
- Clearance delivery procedures
- Approach and departure control
- FSS

#### **CLEARANCES**

- Pilot responsibilities
- Flight plan
- Elements of a clearance
- VFR restrictions
- Departure procedures and restrictions
- Clearance shorthand and read back

#### LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

#### ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

#### LESSON 6 STAGE 1 EXAMINATION

#### **OBJECTIVES**

Demonstrate comprehension of the materials presented in Lessons 1 through 5.

#### **EXAMINATION**

- Aviation physiology
- Decision making
- Basic instrument skills
- Instrument NAV
- FAR / AIM
- Airport environment
- ATC system
- Clearances

#### LESSON COMPLETION STANDARDS

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

#### ASSIGNED READING

# INSTRUMENT RATING Ground Training Course

# STAGE 2

Lessons 7-10

12.0 hours (minimum) of ground training

Stage 2 Objectives

The student will learn the procedures used when flying IFR approaches. In addition, they will learn to transition to the enroute structure via departure and arrive procedures.

# Stage 2 Completion Standards

This stage will be complete when the student has completed the stage written examination with a minimum score of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

#### LESSON 7 IFR DEPARTURES

#### **OBJECTIVES**

Gain an understanding of departure chart information.

Understand DP procedures and selection of a departure method.

#### <u>CHARTS</u>

- DPs
- Symbols
- Vector DP
- Pilot NAV DP
- Departure standards

#### PROCEDURES

- Takeoff minimums
- Options
- Textual procedures
- Radar departures
- VFR departures
- Departure selection decision making

#### LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

#### ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

#### LESSON 8 ENROUTE PROCEDURES

#### **OBJECTIVES**

Gain proficiency in the use of area and enroute charts.

Learn IFR charting symbols.

Understand holding patterns and usage.

#### IFR CHARTS

- Enroute
- Symbols
- Area
- Navigation aids
- Victor airways
- Airspace

#### HOLDING

- Patterns
- Timing
- Crosswind corrections
- Speeds
- Entry procedures
- ATC communications

#### PROCEDURES

- Radar
- Reporting
- Communications
- RNAV
- Special use airspace
- Transitions to the arrival

#### LESSON COMPLETION STANDARDS

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

#### ASSIGNED READING

#### LESSON 9 LESSON 9 APPROACHES (CONTINUED) OBJECTIVES **APPROACHES** - VOR Understand the procedures and methods to NDB transition to an approach. – ILS Understand charting symbols. – LDA Gain an understanding of VOR and NDB - SDF approaches. — MLS Gain an understanding of ILS components and — RNAV / GPS approach procedures. Gain an understanding of RNAV approach LESSON COMPLETION STANDARDS This lesson and stage are complete when the student procedures. has completed the stage examination with a minimum ARRIVAL grade of 80%. The instructor will review each incorrect – STAR response with the student to ensure understanding before the student progresses to the next stage. Vertical navigation planning Reviewing the approach ASSIGNED READING Altitude and airspeed management Reading and homework for the next lesson will be assigned as required. **APPROACH SEGMENTS** Initial Intermediate — Final Missed **CHARTS** Heading Plan view Profile views Step down fix and VDP Landing minimums Approach categories Minimum descent requirements Visibility required Inoperative components — Runway information ALT takeoff and landing minima PROCEDURES Reviewing the approach Clearance Straight in — Use of ATC radar Course reversal — Timed approaches — Circling — Side step Missed approach Visual and contact approaches

#### LESSON 10 STAGE 2 EXAMINATION

#### **OBJECTIVES**

Demonstrate comprehension of the materials presented in Lessons 7 through 9.

#### **EXAMINATION**

- Departures
- Enroute procedures
- Approaches

#### LESSON COMPLETION STANDARDS

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

#### ASSIGNED READING

# INSTRUMENT RATING Ground Training Course

# STAGE 3

Lessons 11-15

6.0 hours (minimum) of ground training

# Stage 3 Objectives

The student will accurately analyze weather information and apply it to IFR planning and IFR decision making. Emphasis will be placed on emergency procedures and the decision making process.

# Stage 3 Completion Standards

This stage will be complete when the student has completed the stage written examination with a minimum score of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage. Additionally, the student will pass a randomly selected set of questions in the form of a comprehensive examination with a score of 80% or better being allowed to proceed to the FAA instrument rating airmen knowledge test.

#### LESSON 11 WEATHER FACTORS AND HAZARDS

#### **OBJECTIVES**

Gain a better understanding of the weather factors as they effect IFR flight.

Become familiar with weather patterns and hazards that effect IFR flight operations.

#### WEATHER FACTORS

- Atmospheric conditions and circulation
- Pressure and wind patterns
- Clouds and air mass(es)
- Moisture, precipitation and stability
- Fronts and high altitude weather

#### WEATHER HAZARDS

- Thunderstorms and avoidance
- Turbulence
- Wind shear
- Icing and cold weather operations
- Hydroplaning
- Low visibility
- Volcanic ash

#### LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

#### ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

#### LESSON 12 WEATHER PRODUCTS AND SOURCES

#### **OBJECTIVES**

Locate and interpret printed weather reports and forecasts.

Locate and interpret graphic weather products.

Learn how to manage in-flight sources of weather.

#### <u>REPORTS</u>

- METAR
- Radar
- Area
- TAF
- Winds aloft
- Severe weather

#### SOURCES

- FSS
- DUATS
- Private industry
- Airmets and Sigmets
- Convective Sigmets
- EFAS
- Center weather advisory
- TWEBs
- ASOS / AWOS

#### PRODUCTS

- Surface analysis chart
- Weather depiction chart
- Radar summary chart
- Satellite pictures
- Composite Moisture Stability chart
- Constant Pressure Analysis chart
- Observed Winds and Temperature Aloft chart
- Airborne radar
- Airborne lightning detection systems

#### LESSON COMPLETION STANDARDS

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

#### ASSIGNED READING

#### LESSON 13 IFR EMERGENCIES

#### **OBJECTIVES**

Recognize emergency situations.

Understand the decision making process to enhance the selection of correct emergency actions.

#### **EMERGENCIES**

- Declaring an emergency
- Minimum fuel
- Gyroscopic instrument
- Communications
- Approach procedures
- Malfunction reports

#### **DECISION MAKING**

- Managing risk
- Mitigation strategies
- PIC responsibility
- Attitude
- CRM
- Situational awareness

#### LESSON COMPLETION STANDARDS

The student will demonstrate understanding during oral or written quizzes by the instructor at the completion of the lesson. The instructor will review incorrect responses to ensure student understanding.

#### ASSIGNED READING

Reading and homework for the next lesson will be assigned as required.

#### LESSON 14 IFR FLIGHT PLANNING

#### **OBJECTIVES**

Demonstrate the knowledge necessary to plan an IFR flight.

Determine critical factors related to decision making.

#### FLIGHT PLANNING

- Route selection
- Flight publications
- Weather considerations / decisions
- Altitude selections
- Navigation log
- Filing, opening and closing flight plan

#### LESSON COMPLETION STANDARDS

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure understanding before the student progresses to the next stage.

#### ASSIGNED READING

#### LESSON 15 STAGE 3 EXAMINATION

#### **OBJECTIVES**

Demonstrate comprehension of the materials presented in Lessons 11 through 14.

#### **EXAMINATION**

- Weather factors and hazards
- Weather products and sources
- IFR emergencies
- Aeronautical IFR decision making
- Flying IFR

#### LESSON COMPLETION STANDARDS

This lesson and stage are complete when the student has completed the stage examination with a minimum grade of 80%. The instructor will review each incorrect response with the student to ensure complete understanding before the student progresses to the End-of-Course Examination.

#### LESSON 16 INSTRUMENT RATING GROUND SCHOOL END-OF-COURSE EXAMINATION

#### **OBJECTIVES**

Demonstrate comprehension of the material presented in this course and the student's readiness to complete the FAA Instrument Rating Knowledge Test.

#### LESSON COMPLETION STANDARDS

The student must complete a practice Instrument Rating End-of-Course Examination with a minimum score of 80%.